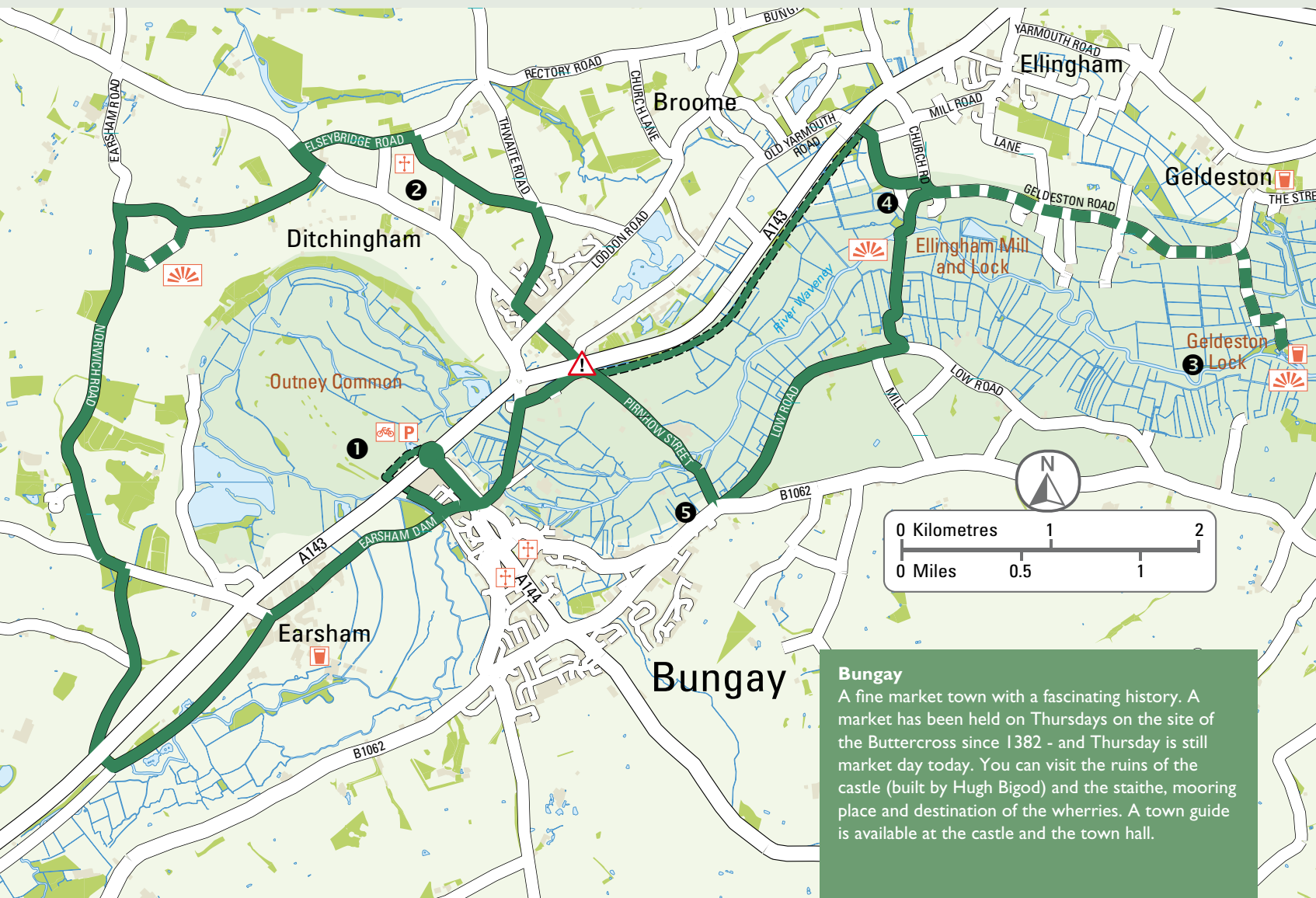


- 1 Outney Common** is lowland heath, a nationally rare habitat with plants and animals that are adapted to dry conditions. The common has a golf course on it, but part of it is access land open to the public for walking, and the land is now managed for its wildlife. The common has a consortium of owners who traditionally had a number of 'goings'. A 'going' gave permission to gather furze (gorse), graze beasts (horses, sheep and cows) and cut firewood. Cattle still graze on the common.
- 2 St Mary's Church, Ditchingham**, has close ties with Ryder Haggard, famous local author of 'King Solomon's Mines'. The size of the church indicates the wealth that was generated on the estate by farming. The route continues towards Broome. The small row of houses next to the main road (A143) housed the post office. In front of it was Ditchingham Railway Station and goods shed, so the main road is the site of the old station.

- 3 Geldeston Lock** - the Locks Inn was first licensed in the 1600s and in the early 1900s it became a well known wherryman's pub. In the 1960s the landlady lived upstairs in winter in case of flooding, and even today the pub has limited opening times in winter. The first of the wherry locks can be seen in front of the pub - it's a wherry-shaped structure best seen off the small metal footbridge. Follow the path for a good view from the large wooden bridge.
- 4 Ellingham Mill and Lock** is a fine wooden building in a beautiful setting. It was used to mill flour and still has water flowing through inside. It is now a private dwelling. The lock is to the right of the sluice. Leave your bike next to the sluice and you can walk alongside the lock on the land between the two structures.
- 5 Wainford** is the most difficult to see as it is now a sheet-piled channel alongside the old mill building. It is to the left of the sluice as you look from the road.



Bungay

A fine market town with a fascinating history. A market has been held on Thursdays on the site of the Buttercross since 1382 - and Thursday is still market day today. You can visit the ruins of the castle (built by Hugh Bigod) and the staithe, mooring place and destination of the wherries. A town guide is available at the castle and the town hall.